



EXPLORING HEALTH CARE

Online Program | August 8-14, 2021



COURSE OVERVIEW

Over the course of 7 days, the Exploring Health Care (EHC) online program brings together 12-20 students from medical universities in Asia to explore a wide variety of health care topics, from organ transplantation and palliative care to public health and medical education. The current COVID-19 pandemic will be used as a lens to examine its effects on health, the health care system, and social challenges more broadly.

As participants reflect on their own career goals as future health care professionals, they will receive mentorship from peers and health care experts in the US from diverse backgrounds.

PARTICIPANT LEARNING OBJECTIVES



Sharpen your ability to critically examine health care systems in the US and Asia



Broaden your awareness of unique medical issues faced by patients from diverse backgrounds



Develop an understanding of the intersections of health care and social issues



Gain insights and mentorship from a wide variety of health care professionals



Determine what kind of health care professional you want to be and expand your network

Deepen learning with fellow groups: All participants will be placed in groups of 3-5. Led by a Global Health Fellow, each group will meet every day to reflect and discuss what was learned. This gives each participant a chance to practice articulating opinions and ideas in English in a small-group setting. Each group will also work together to summarize key insights gained and develop networking skills by writing follow-up emails to guest speakers and panelists.

Leveraging over 57 years of experience in transformative intercultural experiential learning, VIA inspires and empowers emerging leaders seeking to create positive social impact.



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COST & PARTICIPATION DETAILS

Participation Benefits

The \$900 USD program fee includes:

- 30+ hours of live online presentations, discussions, and interactive workshops
- Access to an online learning platform with additional information, resources, and opportunities to connect with peers
- Mentorship from peers and a variety of health care experts
- Opportunities to discuss a variety of health care topics, related social issues, and current events
- Building friendships across cultures
- Practicing English in the context of health care and social issues

Participation Requirements

To have a successful program experience, we ask that participants:

- Have reliable access to the internet
- Are able to use a computer or mobile device with a camera and microphone, or headphones with a microphone
- Actively participate in all online sessions and contribute to group project activities
- Complete all required activities on the online platform

Participants who join and complete all activities will receive a Certificate of Completion

APPLICATION PROCESS & TIMELINE

How to Apply

- **Start application:** viaprograms.org/ehc
- **In application:** Applicants are invited to share about themselves, their interest in the program, and their personal and professional goals
- **Complete Interview:** 10-15 min Zoom interview with the Program Director
- **Receive Results**

Application Timeline

- **Round 1**
 - Deadline: May 23 (US) | May 24 (Asia)
 - Interviews: May 25 – June 3
 - Results: June 4 (US) | June 5 (Asia)
- **Round 2**
 - Deadline: June 20 (US) | June 21 (Asia)
 - Interviews: June 22 – June 27
 - Results: June 28 (US) | June 29 (Asia)

LEARN MORE & APPLY @ [VIAPROGRAMS.ORG/EHC](https://viaprograms.org/ehc)

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Sample Schedule | August 8-14, 2021

All online program activities will take place in the morning and end by early afternoon, with several breaks in between. Participants will also reflect individually and are invited to engage in optional activities to deepen connections with one another. Sample topics for each day are listed below.

Morning & Early Afternoon Sessions

- Icebreakers
- Panel discussions and interactive workshops with guest speakers
- Small-group discussions and reflections
- Group work and individual work

Late Afternoon & Evening Activities

- Individual reflection
- Optional activities to deepen connections among participants

Pre-Program Orientation

The orientation session will take place a few weeks before the program, to provide an overview of the course and introduction to the online platform (it will also be recorded).

Day 1: Medical Education

Panel discussion with EHC alumni and US medical students on medical education in the US and Asia.

Day 2: Health Care, Disparities & Response to COVID-19 in the US

Panel discussion with health care professionals on how they have been responding to COVID-19.

Day 3: Work-Life Balance

Panel discussion with health care professionals on their perspectives on work-life balance.

Day 4: Organ Transplantation

Panel discussion on organ transplantation with organ recipients and donor family members.

Day 5: Palliative Care

Panel discussion on hospice and palliative care with a variety of health care professionals from nurses and social workers to chaplains and bereavement counselors.

Day 6: Mental Health

Interactive workshop on the impacts of COVID-19 on mental health.

Day 7: Women in Health Care

Panel discussion on gender bias in health care featuring diverse health care professionals.

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